

Checklist: Technical Setup for School and University Gyms

This checklist will help you verify the essential school equipment required to ensure a safe and compliant educational environment.

1 Large equipment and fixed structures

Essential elements for strength development and coordination training.

- **Swedish ladders** (Models G340, G341, G342): sturdy wooden structures for climbing and suspension exercises.
- **Wall bars**: essential for stretching and strength training.
- **Climbing frames**: complete with ropes and rings for upper-body strength development.
- **Panca bench (modello G220)**: versatile for balance exercises or as technical seating.

2 Artistic and Rhythmic Gymnastics

Specific equipment for introductory gymnastics and psychomotor development.

- **Vaulting boxes**: height-adjustable for learning jumping techniques.
- **Springboards**: designed to provide proper support and safety during exercises.
- **Balance boards and beams**: ideal for stability training.
- **Rhythmic gymnastics kit**: skipping ropes, hoops, clubs, and ribbons for choreographic activities.

3 Indoor athletics

Equipment required for jumping and running disciplines.

- **High jump uprights**: stable structures for supporting the crossbar.
- **High jump crossbar**: made from flexible materials to ensure student safety.
- **Landing mat**: large-sized and high-density to absorb impacts.

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Safety and mats

The core of safety in every school gym.

- **Mats (models G210, G211):** mats for floor exercises and stretching.
- **Hugh-density mats:** for landing areas and corrective gymnastics.
- **Wall protections:** essential for securing corners and columns.

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Small equipment and educational supports

Tools for motor games and basic physical education.

- **Medicine balls:** available in different weights for explosive strength exercises.
- **Wooden and PVC sticks:** for joint mobility exercises.
- **Cones and hoops:** for creating motor skills and agility courses.

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Logistics and safety

Space management and regulatory compliance.

- **Equipment storage cabinets:** durable and spacious to maintain order and preserve equipment.
- **Certification UNI EN ISO 9001:2015:** verify that the equipment is manufactured according to certified quality standards
- **Production 100% Made in Italy:** guarantee of traceable and durable materials.

